

Pain Assessment

	Things to ask
Onset	When did the injury occur? Do you remember the incident?
Provoking/Palliates	Does anything make the pain better? Does anything make the pain worse? Do any positions help with the pain? Do any positions exacerbate the pain? Have you taken anything for the pain?
Quality	How would you describe the pain? Is it sharp/dull/ache/pressure?
Radiate	Does the pain travel anywhere? Are you able to point to the pain?
Severity	On a scale of 0-10 how bad is the pain?
Time	How long have you had this pain?